

2024 AAU Fast Twitch July Basketball League

National Sanction: Inland Empire District of the Amateur Athletic Union of the U.S.

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Online Registration: **New online Registration**
<https://basketball.exposureevents.com/store?storeorganizationid=31359#events>

Dates: Game Days: Mondays, Tuesdays, Wednesdays, Thursdays
July 8, 9, 10, 11, 15, 16, 17, 18, 22, 23, 24, 25 / Each team will play 4 games.

Game Times: 6:00pm, 7:00pm, 8:00pm, 9:00pm

Divisions: Boys: 1st, 2nd, 3rd, 4th, 5th, 6th,
Girls: 1st, 2nd, 3rd, 4th, 5th, 6th,
****Based on 2024-2025 school year grade level****
Grade they are entering in the fall of 2024

Entry Fees: **REGISTER & PAY ONLINE BEFORE:** Wednesday, June 26, 2024 for the early fee of \$195.
NO ENTRIES WILL BE ACCEPTED AFTER JUNE 26!! NO EXCEPTIONS!! SIGN UP EARLY!
AAU Membership fees are not included in the entry fee.
No entry fees refunded after the final deadline date. Payments can be made with VISA
MasterCard, Discover Card or American Express **ONLINE ONLY!**

AAU Membership: **2024 AAU cards will be used for the league:**
Player \$20.00
Coach \$55.00 1 year \$75 2 year

Memberships must be purchased online: www.aausports.org. All players and coaches must have an AAU Card. **REMEMBER: Membership cards don't get you into the game for free.**
Teams must be part of a club: Club fee is \$30 this is your practice insurance, and insurance on the facilities you use for practices, unless your school district requires the facility to be named on the certificate then that will be an additional \$50.

League Rules:

1. A player may play for only **ONE** team during league play.
2. Girls cannot play on boys teams and boys cannot play on girls teams.
3. Players cannot wear jewelry of any kind during games, even if it is taped and/or covered up.
4. Players cannot switch teams once games have started.
5. We reserve the right to refuse a team's entry into our events.
6. If your team forfeits/cancels a game with less than 48 hours' notice, your next scheduled league game will be canceled for your team (we will find another team to fill in for you). If you forfeit a game with less than 48 hours' notice on the last weekend of the league, we reserve the right to enforce this rule on a future event your team registers for.
7. Scorekeepers – each team is to have ONE person to keep the individual score sheet that is provided at the score bench. One scorekeeper per team will be allowed into the game free of charge. Please leave scoresheets with the gym supervisor after your game.
8. Coaches – Only ONE coach per team is allowed into the game free, but more than one may coach & must have a current AAU card.
9. Admission – The gyms are run by clubs – the proceeds from admissions goes back to their clubs for youth activities. ADULTS - \$5.00 STUDENTS - \$4.00 - PLEASE INFORM YOUR PARENTS!
10. Schedules will not be revised once schedule is out, no REQUESTS accepted after deadline.

Rules of Play

2023-2024 High School Federation Rules will be used with the following exceptions:

1. **Warm Ups:** 10 minutes or until the next game time, whichever is longer. Gym will be open 30 minutes before the start of the first game. **Officials cannot** start games early! Fans who arrive on time would like to see the start of the first quarter, not the start of the second quarter!
2. **Forfeits:** Forfeit time is game time. No exceptions. If a team shows up late, the officials will work a short game with running clock in order to be ready for the next scheduled game.
3. **Basketballs:** 1st – 3rd Grade teams will use the 27.5" ball (junior size). 4th – 6th grade boys and 4th grade girls teams and up will use the 28.5" ball (women's size). Boys 7th grade and up will use the 30" (men's size) ball.
4. **Quarters:** 1st – 4th Grade: 6 min / 5th – 8th Grade: 7 min / all other divisions: 8 min
5. **No 30 second shot clock.** Over and back line in use with a 10 second backcourt count.
6. **Press Rule: NEW 1st and 3rd Grade, 8 points**
4th – 8th Grade: 15 points / all other divisions: 20 points. No full court press once your team is up by more than 8/15/20 points. Your team must retreat back inside the 3 point arc until opponent crosses the center line with the ball, then you are allowed to play defense. The offense has the option to cross the center line at any time, however the 10 second backcourt count only starts when the defensive team is behind the 3 point arc.
7. **Free Throw Violations:** 5th Grade Girls and below and 4th Grade Boys and below:
 - a. When shooting a free throw, the shooter must start from behind the free throw line. If the shooter steps on or over the line before the ball touches the rim, it is NOT a violation.
 - b. The shooter cannot rebound the ball at any time during a free throw.
 - c. A player other than the shooter must have control of the ball before the shooter can handle the ball. If the ball is in control of the shooter after the free throw, this is a violation and the opponents will receive the ball out of bounds.
8. **Technical Fouls:**
 - a. Each counts as 1 of 5 personal fouls on a player and 1 team foul.
 - b. Automatic 2 points and the ball awarded out of bounds. No free throws.
 - c. One sportsmanship technical on a coach or fan and they are ejected from the gym. One sportsmanship technical on a player and they are required to sit on the bench for the remainder of the game.
 - d. If a coach or fan that has been ejected from the game does not leave the gym (including standing in the doorway and watching the game) or continues to question the official after the foul has been called, he/she will receive a second technical foul and will not be allowed to coach or watch the next league game. The team will be subject to disqualification from the league with no refund of fees paid if the coach or fan returns.
9. **NEW 2023 foul shot rule:** On the fifth foul and any other foul in the quarter, for either team in any quarter, two foul shots will be shot. The fouls in the fourth quarter will be carried over into overtime if there is overtime.
10. **Intentional Fouls:** Two points and the ball awarded out of bounds.
11. **Half Time:** 5 minutes
12. **Overtime: NEW 2023** One - 2 minutes overtime. If no team wins during overtime, teams go into sudden death, first point scored is the winner.
13. **No running clock when a team is up by 40 or more points.**

Reminders

1. No jewelry or hair clips are allowed during games, **No Exceptions.** Taping earrings or hair clips is **NOT OK.** Be sure to take out all earrings and hair clips and take off necklaces and bracelets.
2. We reserve the right to refuse any team's entry into our events.