

Swim Coach/Contact Person:

Enclosed is the entry form for the **Toppenish Rotary 30th Annual AAU Central Washington Swim Invitational** to be held in Toppenish, Washington July 13-14, 2019.

T-Shirts will be sold at the site. Please contact Elsa on getting Team Manager information.

AAU swimming has over 1,882 swimmers in Eastern Washington. The AAU program was set up for the small town swim teams. At the present time, teams from Tri Cities, Prosser, Grandview, Sunnyside, Toppenish, Wapato, Naches, Selah, Omak, Okanogan, Brewster, Bridgeport, Chelan, Ephrata, Wenatchee, Othello, Connell, and Twisp, just to name a few, take part in AAU Swimming. The parents from these communities make the program work. Remember the AAU is "Sports, for all, forever."

Motel Information:

Camping out at the Toppenish Park is still an option again this year. Otherwise you can find hotel accommodations at the hotels listed below.

Yakama Legends Hotel & Casino 1.877.7COME11

Ahtanum Inn 509-248-9700

Toppenish Inn 509-865-5800

Vintage Valley Inn 509-829-3399

Toppenish Rotary Swim Team

Kara Supnet or Christy Troy

20 Asotin Avenue

Toppenish, Washington 98948

toppenishtarpons@gmail.com

(509) 480-9293 (Kara) or (509) 833-1511 (Christy)



Toppenish Rotary 30th Annual

AAU Central Washington Swim Invitational

Long Course- 50 meter

- Dates: July 13-14, 2019
- Site: Toppenish City Pool (50 meter)
Dolphin Timing System
- Age Divisions: Individual Events: 8-U, 9, 10, 11, 12, 13, 14, 15-18
- Relays: 8-U, 9-10-, 11-12-, 13-14-, 15-18
- Sanctioned By: This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- Eligibility:
- All participants must have a current AAU membership.
 - AAU membership may not be included as part of the entry fee to the event.
 - AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.
 - Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.
 - Open to ALL swimmers, year round swimmers **NOT ALLOWED**. Purpose of the meet is to provide a AAU Central Washington Swim Invitational for those that swim during the summer only.
- Age Determining Date: Age on the first day of competition July 13-14, 2019 shall govern the full meet. Birth record will be required at site if requested.
- Coaches: **Each team with 20 or more swimmers in this meet must supply timers for one lane on both Saturday and Sunday. Lanes will be assigned at a later date. Your team may schedule these timers any way you wish, but three timers must be present at all times.**
- Hosted By: Toppenish Tarpon Rotary Swim Team
Inland Empire AAU
City of Toppenish Park & Recreation

Entry Deadline: Wednesday, June 3, 2019. No late entries. Entries must be received by this date. Payment must be sent with entries. **No phone calls or notification of intent-to-enter will be accepted.**

Entry Address: Toppenish Rotary Swim Team
Kara Supnet/Christy Troy
20 Asotin Avenue
Toppenish, Washington 98948 toppenishtrippers@gmail.com

Entry Fees: Make Checks Payable To: Toppenish Rotary Swim Team
Surcharge: \$7.00 per swimmer
Individual Events: \$3.50
Relays: \$10.00

Awards: Individual neck ribbon medals to the first eight (8) places.
Ribbons will be provided for each heat
Team Trophies to 1st – 3rd Place Teams (Gold Division)
Team Trophies to 1st – 3rd Place Teams (Silver Division)

Registration
Headquarters: Toppenish Swim Pool, 20 Asotin Ave, (Under the Water Tower)

Competition Rules: The AAU Swimming Program will be conducted under current US Swimming rules of competition for swimming, with a few exceptions. **Because of Rule Changes of US Swimming “Water Starts for all Relays”**

Opening Ceremonies: Saturday, July 13, 2019

Housing for Athletes: Camping is available at the pool site.
Best Western Ahtanum Inn, Vintage Valley Inn and Toppenish Inn, and Yakama Legends Casino are options for lodging.

Conduct of Athletes: All athletes are expected to display their best behavior. Misconduct at the competition will not be tolerated. It will result in disqualification from the competition. Remember, you are a guest of the City of Toppenish and a representative of the world’s finest sports program. Please act accordingly.

Meet Format:

- 1.) All individual events and relays will be swum as timed finals.
- 2.) All events will be seeded by time as submitted.
- 3.) Swimmers will be allowed to participate in three (3) individual events per day, plus one relay per day.
- 4.) High point will be given to each girl and boy in each age group.
- 5.) Medals will be awarded to individual age group (8&under, 9, 10, 11, 12, 13, 14, 15-16, 17-18)
- 6.) This AAU Central Washington Swim Invitational meet is restricted to the first 550 entries submitted to the meet director.

Meet Schedule

Girls – Odd Numbered Events Boys – Even Numbered Events **ALL FINALS**

Saturday, July 13, 2019 Warm-up: 7:20 a.m. – 8:20 a.m. Start: 9:00 a.m.

Opening Ceremonies 8:45a.m.

Event	Distance	Style	Age Division
1 & 2	200 m	Medley Relay	8-under
3 & 4	200 m	Medley Relay	9-10
5 & 6	200 m	Medley Relay	11-12
7 & 8	200 m	Medley Relay	13-14
9 & 10	200 m	Medley Relay	15-18
11 & 12	100 m	Breaststroke	10-under
13 & 14	100 m	Breaststroke	11-12
15 & 16	100 m	Breaststroke	13-14
17 & 18	100 m	Breaststroke	15-18
19 & 20	100 m	Free Style	10-under
21 & 22	100 m	Free Style	11-12
23 & 24	100 m	Free Style	13-14
25 & 26	100 m	Free Style	15-18
27 & 28	50 m	Butterfly	8-under
29 & 30	50 m	Butterfly	9-10
31 & 32	50 m	Butterfly	11-12
33 & 34	50 m	Butterfly	13-14
35 & 36	50 m	Butterfly	15-18
37 & 38	50 m	Backstroke	8-under
39 & 40	50 m	Backstroke	9-10
41 & 42	50 m	Backstroke	11-12
43 & 44	50 m	Backstroke	13-14
45 & 46	50 m	Backstroke	15-18
47 & 48	200 m	Individual Medley	10-under
49 & 50	200 m	Individual Medley	11-12
51 & 52	200 m	Individual Medley	13-14
53 & 54	200 m	Individual Medley	15-18

Sunday, July 10, 2015 Warm-up: 7:20 a.m. – 8:20 a.m. Start: 9:00 a.m.

ALL FINALS

Event	Distance	Style	Age Division
55 & 56	200 m	Free Relay	8-under
57 & 58	200 m	Free Relay	9-10
59 & 60	200 m	Free Relay	11-12
61 & 62	200 m	Free Relay	13-14
63 & 64	200 m	Free Relay	15-18
65 & 66	100 m	Butterfly	10-under
67 & 68	100 m	Butterfly	11-12
69 & 70	100 m	Butterfly	13-14
71 & 72	100 m	Butterfly	15-18
73 & 74	100 m	Backstroke	10-under
75 & 76	100 m	Backstroke	11-12
77 & 78	100 m	Backstroke	13-14
79 & 80	100 m	Backstroke	15-18
81 & 82	50 m	Breaststroke	8-under
83 & 84	50 m	Breaststroke	9-10
85 & 86	50 m	Breaststroke	11-12
87 & 88	50 m	Breaststroke	13-14
89 & 90	50 m	Breaststroke	15-18
91 & 92	50 m	Free Style	8-under
93 & 94	50 m	Free Style	9-10
95 & 96	50 m	Free Style	11-12
97 & 98	50 m	Free Style	13-14
99 & 100	50 m	Free Style	15-18

Event #'s subject to change

2019 Toppenish Rotary 30th Annual

AAU Central Washington Swim Invitational

Team Name _____ City _____

Coach _____ Phone # _____

Coach AAU Number: _____

Mailing Address _____ City, State, Zip _____

Asst. Coach(es) _____ Phone # _____

****Coach and Assistant Coaches MUST be listed. These are the only authorized persons allowed on deck.**

AAU Cards must be purchased in advance. Go to **www.aausports.org** Join Now, to get individual cards. Use a credit card to purchase cards. All membership cards must be purchased in advance.

Number of Events _____ x \$3.50 _____

Number of Swimmers _____ x \$7.00 _____

Number of Relays _____ x \$10.00 _____

Total Sent _____

Mail this form with other entry information to:

Toppenish Rotary Swim Team

20 Asotin Avenue

Toppenish, Washington 98948

Entry Deadline: Received by Wednesday, July 3, 2019

USE THIS PAGE AS A MASTER FOR ADDITIONAL ENTRIES

Team Name: _____

PLEASE PRINT OR TYPE CLEARLY					SATURDAY EVENTS					SUNDAY EVENTS			
AGE	SEX	NAME: LAST, FIRST	BIRTHDATE	AAU CARD #	100 Bre	100 Free	50 Fly	50 Back	200 IM	100 Fly	100 Back	50 Bre	50 Free

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