

Yakima Valley Sports Authority
PO Box 9757
Yakima, WA 98909



24th Annual Zillah Lion's Club Spring Fling
Presented by the Yakima Valley Sports Authority

24th Annual Zillah Lion's Club Spring Fling AAU Girls Basketball Tournament

- Dates:** April 1-3, 2016 (Friday, Saturday & Sunday) / All teams are guaranteed 4 games.
- Location:** Zillah, WA
- Contact:** Carrie OHara-Gutierrez / PO Box 9757, Yakima, WA 98909
509-453-2696 or 509-388-1722 / Email: carrie@ieaau.org
- Deadlines & Fees:** Early Registration Deadline: Received by Friday, March 18, 2016 - \$180
Late Registration Deadline: Received by Wednesday, March 23, 2016 - \$230
AAU membership is not included in the price of the entry fee. Any checks that are returned NSF will be charged a \$35 fee. No entry fees will be refunded after the final deadline date. Payments made with a VISA, Discover or MasterCard will be charged a \$10 convenience fee. Make checks payable to YVSA.
- Game Times:** Friday: 5:30pm, 6:45pm, 8:00pm, 9:15pm (possibly 6:00, 7:15, 8:30pm)
Saturday & Sunday: 9:00, 10:15, 11:30, 12:45, 2:00, 3:15, 4:30, 5:45, 7:00
- Divisions:** Girls: 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th Grade
- AAU Membership:** This event is sanctioned by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership before the event begins. Participants must visit the AAU website (www.aausports.org) to obtain their membership. BE PREPARED! Adult and Non Athlete memberships are no longer instant. Please allow 10 days for adult memberships to be processed.
- AAU Membership Fees: Player \$14 / Coach \$16**
All players and coaches must have an AAU Card. If it is found that a player is participating without a current AAU card, your team will be subject to forfeits of games with no refund of tournament fees paid. **REMEMBER: Membership cards don't get you into the game for free. Only players that are playing are allowed into the game free.**
- The Lystedt Law** Washington State has passed a law requiring youth coaches, athletes and parents/guardians complete certain criteria regarding the recognition and treatment of head injuries during sporting events. ALL PARTICIPATING TEAMS must complete the attached form and return it to the Inland Empire AAU office with the tournament entry form. We only need 1 form per team per year!
- Tournament Rules:**
1. A player may play for only **ONE** team during tournament play.
 2. Girls cannot play on boys teams and boys cannot play on girls teams.
 3. Players cannot wear jewelry of any kind during games, even if it is taped and/or covered up.
 4. Players must be enrolled in Kindergarten or older. **NO PRE SCHOOLERS.**
 5. Players cannot switch teams once games have started.
 6. We reserve the right to refuse a team's entry into our events.
 7. Scorekeepers – each team is to have ONE person to keep the individual score sheet that is provided in your coaches' packet. One scorekeeper per team will be allowed into the game free of charge. Please leave scoresheets with the gym supervisor after your game.
 8. Coaches – Only ONE coach per team is allowed into the game free, but more than one may coach.
 9. Admission – The gyms are run by clubs and the proceeds from admissions goes back to their clubs for youth activities. Friday: Adults \$3, Students \$2. Saturday: Adults \$4, Students \$3. Sunday: Adults \$4, Students \$3. PLEASE INFORM YOUR PARENTS!
- Rules of play:** 2015-2016 High School Rules will be played, with the following exceptions.
1. No shot clock.
 2. 1st - 3rd grade divisions will use the junior size basketball (27.5"). Boys 4th thru 6th grade will use the women's size basketball (28.5"). Boys 7th and 8th grade will use the 29.5" men's ball.
 3. Quarters: 1st - 4th grade: 6 min / 5th – 8th grades: 7 minutes
 4. Overtime 2 minutes.
 5. NEW Press Rule: 1st – 8th Grade: 15 points. No full court press once your team is up by more than 15 points. Your team must retreat back inside the 3 point arc until opponent crosses the center line with the ball, then you are allowed to play defense. The offense has the option to cross the center line at any time, however the 10 second backcourt count starts when the defensive team is behind the 3 point arc.
 5. Technical or Intentional fouls – 2 points awarded and ball out of bounds. One technical foul on a coach or fan and he/she is ejected from the gym. One technical on a player, the player sits on the bench for the remainder of the game. Officials and Gym Administrators have the right to eject a fan, player or coach. Coaches and fans must leave the entire gym. Two technical fouls in the tournament on a player or a coach, they are removed completely from the tournament. **NO EXCEPTIONS!**
 6. Forfeit time – Game time. Officials MAY run a shortened game (2 20 minute halves). Your team must start the game with 5 players.

24th Annual Zillah Lion's Club Spring Fling AAU Girls Tournament
 April 1-3, 2016. All teams guaranteed 4 games.

| |
|------------------------|
| Office Use Only |
| Date Rec'd: _____ |
| Amt Paid: _____ |
| Ck #: _____ |

| | |
|-------------------------|---------------|
| Girls Teams Only | |
| Check One: | |
| ___ 1st Grade | ___ 5th Grade |
| ___ 2nd Grade | ___ 6th Grade |
| ___ 3rd Grade | ___ 7th Grade |
| ___ 4th Grade | ___ 8th Grade |

| | |
|-------------------------|--|
| Team Name: _____ | AAU Club Name/Number (Required): _____ |
| Contact Person: _____ | Coach: _____ |
| Address: _____ | Phone: Cell (____) _____ |
| City/State/Zip: _____ | Email Address: _____ |
| E-mail Address: _____ | Coach AAU Card Number: _____ |
| Phone: Home(____) _____ | Asst Coach Name: _____ |
| Phone: Cell(____) _____ | Asst Coach AAU Number: _____ |

STRENGTH OF TEAM: WEAK AVERAGE STRONG

| <u>Name (First Last)</u> | <u>15-16 Grade</u> | <u>School</u> | <u>2016 AAU Membership #</u> |
|--------------------------|--------------------|---------------|------------------------------|
| 1. _____ | _____ | _____ | _____ |
| 2. _____ | _____ | _____ | _____ |
| 3. _____ | _____ | _____ | _____ |
| 4. _____ | _____ | _____ | _____ |
| 5. _____ | _____ | _____ | _____ |
| 6. _____ | _____ | _____ | _____ |
| 7. _____ | _____ | _____ | _____ |
| 8. _____ | _____ | _____ | _____ |
| 9. _____ | _____ | _____ | _____ |
| 10. _____ | _____ | _____ | _____ |
| 11. _____ | _____ | _____ | _____ |
| 12. _____ | _____ | _____ | _____ |

Return this page with an entry fee of \$180 by March 18, 2016 / \$230 by March 23, 2016 (\$35.00 fee will be charged on NSF checks)
Make checks payable to Yakima Valley Sports Authority.
 Mail to: Yakima Valley Sports Authority, PO BOX 9757, Yakima, WA, 98909. / Fax with a credit card for payment to: 509-457-0931

Discover / MasterCard / VISA Card #: _____ - _____ - _____ - _____ EXP DATE: _____

Convenience Fee of \$10 is added to Visa/Discover/Master Card Request.

Signature _____ Date: _____

Club Compliance Form

CONCUSSION LAW REQUIREMENTS

Club Compliance Statement

HB1824, otherwise known as the Zachery Lystedt Law, was signed into law on May 14, 2009. It requires, as of July 26, 2009, that additional steps be taken regarding concussions in private non-profit youth athletic programs using school district facilities.

This bill requires training and documentation which AAU Member Clubs must adhere to. AAU players and their parents/guardians must meet these minimum requirements:

1. All AAU member coaches will have to take training on the nature and risk of concussions and head injury including continuing to play after a concussion or head injury.
2. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by the youth athlete and athlete's parents/guardian prior to the youth athlete's initiating practice or competition.
3. All athletes suspected of suffering a concussion or brain injury will be removed from practice or competition and not returned to play until cleared in writing by a licensed health care provider trained in the evaluation and management of concussions (Medical Doctors, Doctor of Osteopathy, Advanced Registered Nurse Practitioner, Physicians Assistants, and **Certified** Athletic Trainers).

Yakima Valley Sports Authority, AAU Event Operator

Compliance Statement for HB1824

Youth Sports-Head Injury Policies

This page must accompany each Tournament Entry form. Participation in AAU Sanctioned Events will not be granted until this page is returned and requirements of this application are complete and approved by the Yakima Valley Sports Authority, an AAU Member Club and event operator.

Team: _____ Grade Level: _____ Circle One: Boys Girls

Club: _____ Club Number: _____

Coach Name (Printed): _____

I verify all coaches, athletes and their parent/guardian have complied with mandated policies for the management of concussions and head injuries as prescribed by HB 1824, section 2.

Signed:

AAU Club Contact

Position with AAU Club

Date signed

2015-2016 AAU Tournament Hotels - Yakima Area

Yakima AAU Host Motel

Best Western Ahtanum Inn
www.bestwestern.com/ahtanuminn
2408 Rudkin Rd.
Union Gap, WA 98903
509-248-9700 / 1-800-348-9701
Complimentary Breakfast
Outdoor Swimming Pool

Additional Motels:

Best Western Lincoln Inn
1614 N. 1st Street
Yakima, WA 98901
1-800-834-1649
Comp. Breakfast
Indoor Pool
www.bestwestern.com

Oxford Suites
1701 E. Yakima Ave.
Yakima, WA 98901
509-457-9000 / 1-800-404-7848
Comp. Breakfast
Indoor Pool
www.oxfordsuitesyakima.com

Days Inn
1504 N. 1st Street
Yakima, WA 98901
509-248-3393 / 1-800-DAYS INN
Comp. Breakfast
Outdoor Pool
www.daysinn.com

Hilton Garden Inn
401 E. Yakima Ave.
Yakima, WA 98901
509-454-1111 / 1-877-STAY HGI
Indoor Pool
Free Hi Speed Internet
www.hiltongardeninn.com

Quality Inn
12 E. Valley Mall Blvd.
Yakima, WA 98903
509-248-6924 / 1-800-510-5670
Comp. Breakfast
Free Wireless Internet
www.qualityinn.com

Sun Country Inn
(Yakima)
1700 N. 1st Street
Yakima, WA 98901
509-248-5650 / 1-800-559-3675
Comp. Breakfast
Outdoor Pool

Clarion Hotel & Conference Center
1507 N. 1st Street
Yakima, WA 98901
509-248-7850 / 1-800-896-7966
Outdoor Pool
Free Hi Speed Internet
www.choicehotels.com

Oxford Inn
1603 E. Yakima Ave.
Yakima, WA 98901
509-457-4444 / 1-800-521-3050
Comp. Breakfast
Outdoor Pool
www.oxfordinnyakima.com

Holiday Inn Downtown
802 E. Yakima Ave.
Yakima, WA 98901
509-494-7000 / 1-888-465-4329
Indoor Pool
www.holidayinn.com

Holiday Inn Express
1001 East A Street
Yakima, WA 98901
509-249-1000 / 1-888-465-4329
Comp. Breakfast
Indoor Pool
www.hiexpress.com

Ledgestone Hotel
107 N. Fair Avenue
Yakima, WA 98901
509-453-3151
www.ledgestonehotel.com

Super 8 Motel
2605 Rudkin Rd.
Union Gap, WA 98903
509-248-8880 / 1-800-800-8000
Indoor Pool
Comp. Breakfast
www.super8.com

Comfort Suites
3702 Fruitvale Blvd.
Yakima, WA 98902
509-249-1900 / 1-866-423-8960
Comp. Breakfast
Indoor Pool
www.choicehotels.com

Cedars Suites
1010 East A Street
Yakima, WA 98901
509-452-8101 / 1-800-849-1424
Comp. Breakfast
www.cedarsuites.com

Fairfield Inn & Suites
137 North Fair Ave.
Yakima, WA 98901
509-452-3100 / 1-800-228-2800
Comp. Breakfast
Indoor Pool
www.marriott.com

Howard Johnson Plaza
9 N. 9th Avenue
Yakima, WA 98901
509-452-6511 / 1-800-446-4656
Outdoor Pool
Free Wireless Internet
www.hojo.com

Red Lion Yakima Center
607 E. Yakima Ave.
Yakima, WA 98901
509-248-5900 / 1-800-RED LION
Outdoor Pool
Free Wireless Internet
www.redlion.com

SELAH (appr. 5 min north of
North Park Lodge
659 N. Wenas
Selah, WA 98942
509-698-6000
Indoor Pool
Free Wireless Internet
www.northparklodge.com

2015-2016 AAU Tournament Hotels - Surrounding Areas

ZILLAH (appr. 20 min south of Yakima)

Vintage Valley Inn
911 Vintage Valley Parkway
Zillah, WA 98953
509-829-3399 / 1-800-501-5433
Indoor Pool
Comp. Breakfast
www.vintagevalleyinn.com

TOPPENISH (appr. 20 min south of Yakima)

Quality Inn & Suites
511 S. Elm Street
Toppenish, WA 98948
509-865-5800
Free High Speed Internet
Comp. Breakfast
www.choicehotels.com

Days Inn & Suites
515 S. Elm Street
Toppenish, WA 98948
509-865-7444
Indoor Pool
Comp. Breakfast
www.daysinn.com

SUNNYSIDE (appr. 30 min south of Yakima)

Best Western Grapevine Inn
1849 Quail Lane
Sunnyside, WA 98944
509-839-6070 / 1-800-915-6070
Indoor Pool
Comp. Breakfast
www.bestwestern.com

Rodeway Inn
3209 Picard Place
Sunnyside, WA 98944
509-837-5781 / 1-877-424-6423
Indoor Pool
Comp. Breakfast
www.rodewayinn.com

Country Inn & Suites
408 Yakima Valley Highway
Sunnyside, WA 98944
509-837-7878 / 1-877-896-7878

PROSSER (appr. 45 min south of Yakima)
Best Western – The Inn at Horse Heaven
259 Merlot Drive
Prosser, WA 99350
509-786-7977 / 1-800-688-2192
Indoor Pool
Comp. Breakfast
www.bestwestern.com/theinnathorseheaven

ELLENSBURG (appr. 35 min north of Yakima)

Best Western Lincoln Inn & Suites
211 W. Umptanum Rd.
Ellensburg, WA 98926
509-925-4244 / 1-866-925-4288
www.bestwesternellensburg.com
Indoor Pool
Comp. Breakfast

Inn at Goose Creek
1720 Canyon Road
Ellensburg, WA 98926
509-962-8030 / 1-800-533-0822
www.innatgoosecreek.com
Comp. Breakfast

Comfort Inn
1722 Canyon Rd.
Ellensburg, WA 98926
509-925-7037 / 1-877-424-6423
Comp. Breakfast
Indoor Pool
www.comfortinn.com

Quality Inn - Ellensburg Inn
1700 Canyon Rd.
Ellensburg, WA 98926
509-925-9801 / 1-800-321-8791
www.ellensburginn.com

Super 8 Hotel
1500 Canyon Rd.
Ellensburg, WA 98926
509-962-6888 / 1-800-800-8000
www.super8.com

Holiday Inn Express
1620 Canyon Rd.
Ellensburg, WA 98926
509-962-9400 / 1-888-465-4329
www.hiexpress.com