Yakima Valley Sports Authority PO Box 9757 Yakima, WA 98909



38th Annual Inland Empire Championships

Presented by the Yakima Valley Sports Authority

38th Annual Inland Empire Championships AAU Basketball Tournament

Dates: April 15-17, 2016 (Friday, Saturday & Sunday) / All teams are guaranteed 4 games.

Location: Yakima, WA

Contact: Carrie OHara-Gutierrez / PO Box 9757, Yakima, WA 98909

509-453-2696 or 509-388-1722 / Email: carrie@ieaau.org

Deadlines & Fees: Early Registration Deadline: Received by Friday, April 1 - \$180

Late Registration Deadline: Received by Wednesday, April 6 - \$230

AAU membership is not included in the price of the entry fee. Any checks that are returned NSF will be charged a \$35 fee. No entry fees will be refunded after the final deadline date. Payments made with a VISA, Discover or MasterCard will be charged a \$10 convenience fee. Make checks payable to YVSA.

Game Times: Friday: 5:30pm, 6:45pm, 8:00pm, 9:15pm (possibly 6:00, 7:15, 8:30pm)

Saturday & Sunday: 9:00am, 10:15am, 11:30am, 12:45pm, 2:00pm, 3:15pm, 4:30pm, 5:45pm, 7:00

Divisions: Girls: 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, 10th, 11th, 12th Grade

AAU Membership: This event is sanctioned by the Amateur Athletic Union of the U.S., Inc. All participants must have a

current AAU membership before the event begins. Participants must visit the AAU website

(www.aausports.org) to obtain their membership. BE PREPARED! Adult and Non Athlete memberships

are no longer instant. Please allow 10 days for adult memberships to be processed.

AAU Membership Fees: Player \$14 / Coach \$16

All players and coaches must have an AAU Card. If it is found that a player is participating without a current AAU card, your team will be subject to forfeits of games with no refund of tournament fees paid. **REMEMBER: Membership cards don't get you into the game for free. Only players**

that are playing are allowed into the game free.

The Lystedt LawWashington State has passed a law requiring youth coaches, athletes and parents/guardians complete certain criteria regarding the recognition and treatment of head injuries during sporting events. ALL

certain criteria regarding the recognition and treatment of head injuries during sporting events. ALL PARTICIPATING TEAMS must complete the attached form and return it to the Inland Empire AAU office

with the tournament entry form. We only need 1 form per team per year!

Tournament Rules: 1. Girls cannot play on boys teams and boys cannot play on girls teams.

2. Players cannot wear jewelry of any kind during games, even if it is taped and/or covered up.

3. Players must be enrolled in Kindergarten or older. NO PRE SCHOOLERS.

4. Players cannot switch teams once games have started.

5. We reserve the right to refuse a team's entry into our events.

6. Scorekeepers – each team is to have ONE person to keep the individual score sheet that is provided in your coaches' packet. One scorekeeper per team will be allowed into the game free of charge. Please leave scoresheets with the gym supervisor after your game.

7. Coaches – Only ONE coach per team is allowed into the game free, but more than one may coach.

Rules of play:

2015-2016 High School Rules will be played, with the following exceptions.

- 1. No shot clock.
- 2. 1st 3rd grade boys and girls divisions will use the junior size basketball (27.5"). Boys 4th thru 6th grade and girls 4th grade thru high school divisions will use the women's size basketball (28.5"). Boys 7th grade and up will use the men's size basketball (29.5").
- 3. Quarters: 1st 4th grade: 6 min / 5th 8th grades: 7 minutes / All other divisions: 8 minutes
- 4. Overtime 2 minutes.
- 5. NEW Press Rule: 1st 8th Grade: 15 points / 9th Grade and above: 20 points. No full court press once your team is up by more than 15/20 points. Your team must retreat back inside the 3 point arc until opponent crosses the center line with the ball, then you are allowed to play defense. The offense has the option to cross the center line at any time, however the 10 second backcourt count starts when the defensive team is behind the 3 point arc.
- 5. Technical or Intentional fouls 2 points awarded and ball out of bounds. One technical foul on a coach or fan and he/she is ejected from the gym. One technical on a player, the player sits on the bench for the remainder of the game. Officials and Gym Administrators have the right to eject a fan, player or coach. Coaches and fans must leave the entire gym. Two technical fouls in the tournament on a player or a coach, they are removed completely from the tournament. NO EXCEPTIONS!
- 6. Forfeit time Game time. Officials MAY run a shortened game (2 20 minute halves).

National AAU Basketball Rules:

The following divisions are determined by the National Girls Basketball Committee. We do not have any say in these rules or guidelines. These rules will only be used during the Inland Empire Championships in Spokane and Yakima.

1st Grade Division	An athlete must be in the 1st Grade as of October 1, 2015 and can be no older than 8 on August 31, 2015. An athlete that is in the 2nd Grade as of October 1, 2015 wanting to play down in the 1st Grade division can be no older than 7 on August 31, 2016.
2nd Grade Division	An athlete must be in the 2nd Grade as of October 1, 2015 and can be no older than 9 on August 31, 2015. An athlete that is in the 3rd Grade as of October 1, 2015 wanting to play down in the 2nd Grade division can be no older than 8 on August 31, 2016.
3rd Grade Division	An athlete must be in the 3rd Grade as of October 1, 2015 and can be no older than 10 on August 31, 2015. An athlete that is in the 4th Grade as of October 1, 2015 wanting to play down in the 3rd Grade division can be no older than 9 on August 31, 2016.
4th Grade Division	An athlete must be in the 4th Grade as of October 1, 2015 and can be no older than 11 on August 31, 2015. An athlete that is in the 5th Grade as of October 1, 2015 wanting to play down in the 4th Grade division can be no older than 10 on August 31, 2016.
5th Grade Division	An athlete must be in the 5th Grade as of October 1, 2015 and can be no older than 12 on August 31, 2015. An athlete that is in the 6th Grade as of October 1, 2015 wanting to play down in the 5th Grade division can be no older than 11 on August 31, 2016.
6th Grade Division	An athlete must be in the 6th Grade as of October 1, 2015 and can be no older than 13 on August 31, 2015. An athlete that is in the 7th Grade as of October 1, 2015 wanting to play down in the 6th Grade division can be no older than 12 on August 31, 2016.
7th Grade Division	An athlete must be in the 7th Grade as of October 1, 2015 and can be no older than 14 on August 31, 2015. An athlete that is in the 8th Grade as of October 1, 2015 wanting to play down in the 7th Grade division can be no older than 13 on August 31, 2016.
8th Grade Division	An athlete must be in the 8th Grade as of October 1, 2015 and can be no older than 15 on August 31, 2015. An athlete that is in the 9th Grade as of October 1, 2015 wanting to play down in the 8th Grade division can be no older than 14 on August 31, 2016.
9th Grade Division	An athlete must be in the 9th Grade as of October 1, 2015 and can be no older than 16 on August 31, 2015. An athlete that is in the 10th Grade as of October 1, 2015 wanting to play down in the 9th Grade division can be no older than 15 on August 31, 2016.
10th Grade Division	An athlete must be in the 10th Grade as of October 1, 2015 and can be no older than 17 on August 31, 2015. An athlete that is in the 11th Grade as of October 1, 2015 wanting to play down in the 10th Grade division can be no older than 16 on August 31, 2016.
11th Grade Division	An athlete must be in the 11th Grade as of October 1, 2015 and can be no older than 18 on August 31, 2015. An athlete that is in the 12th Grade as of October 1, 2015 wanting to play down in the 11th Grade division can be no older than 17 on August 31, 2016.
12th Grade Division	An athlete must be in the 12th Grade as of October 1, 2015 and can be no older than 19 on

For more information on National AAU Basketball rules and regulations, visit www.aaugirlsbasketball.org.

August 31, 2016.

AAU Girls Basketball National Championship Dates & Sites

www.aaugirlsbasketball.org

By participating in the Inland Empire Championships in Spokane or Yakima, your team has qualified for the National AAU Championships. Below are the National Tournament locations and dates for 2016. If your team is interested in any of these events and you have questions about what to do next, feel free to contact our office at 509-453-2696 or email paul@yvn.com.

Division I

TBA

Division II

TBA

38th Annual Inland Empire Championships AAU Tournament	Office Use Only
Yakima: April 15-17, 2016 (Girls)	Date Rec'd:
Check One:1st Grade5th Grade9th Grade2nd Grade6th Grade10th Grade3rd Grade7th Grade11th Grade4th Grade8th Grade12th Grade	Amt Paid:
Team Name: AAU Club N	ame/Number (Required):
Contact Person: Coach: Coach:	
Address: Phone: Cel	l ()
City/State/Zip: Email Addre	ess:
E-mail Address: Coach AAU	Card Number:
Phone: Home() Asst Coach	Name:
Phone: Cell() Asst Coach	AAU Number:
	
STRENGTH OF TEAM: WEAK AVERA	GE STRONG
	Does player live in Easter Washington or Idaho?
Name (First Last) Birthdate 15-16 Grade	2016 AAU # CIRCLE ONE
1	YES NO
2	YES NO
3	YES NO
4	YES NO
5	YES NO
6	YES NO
7	YES NO
8	YES NO
9	YES NO
10	YES NO
11	YES NO YES NO
Make checks payable to Yakima Valley Sports A Mail to: Yakima Valley Sports Authority, PO BOX 9757, Yakima, WA, 98909. / Fax with a	uthority
Discover / MasterCard / VISA	EXP DATE:
Convenience Fee of \$10 is added to Visa/Discover/Master Card Request.	
Signature Date:	

AAU Member Club Compliance Form

CONCUSSION LAW AND SUDDEN CARDIAC ARREST REQUIREMENTS

HB1824, otherwise known as the Zachery Lystedt Law, was signed into law on May 14, 2009. It requires, as of July 26, 2009, that additional steps be taken regarding concussions in private non-profit youth athletic programs using school district facilities. Sudden Cardiac Arrest SB 5083 sec 3 became law on July 15, 2015 which also requires educational training.

This bills requires training and documentation which AAU Member Clubs must adhere to. AAU players and their parents/guardians must meet these minimum requirements: Go to www.ieaau.org upper right hand side of the web site Lystedt Law information:

- 1. All AAU member coaches will have to take training on the nature and risk of concussions and head injury including continuing to play after a concussion or head injury and the Sudden Cardiac Arrest information provided.
- 2. On a yearly basis, a concussion and head injury/Sudden Cardiac Arrest information sheet shall be signed and returned by the youth athlete and athlete's parents/guardian prior to the youth athlete's initiating practice or competition.
- 3. All athletes suspected of suffering a concussion or brain injury will be removed from practice or competition and not returned to play until cleared in writing by a licensed health care provider trained in the evaluation and management of concussions (Medical Doctors, Doctor of Osteopathy, Advanced Registered Nurse Practitioner, Physicians Assistants, and *Certified* Athletic Trainers).
- 4. This is a requirement to use any public facility. As a team participating in any YVSA AAU Club event, this must be signed And return to the Event Operator

Yakima Valley Sports Authority, AAU Event Operator

Compliance Statement for HB1824 Youth Sports-Head Injury Policies Sudden Cardiac Arrest SB 5083

This page must accompany each Event Entry form. Participation in AAU Sanctioned Events will not be granted until this page is returned and requirements of this application are complete and approved by the Yakima Valley Sports Authority.

Yakima Valley Sports Authority.			
Team:	Grade Level:	Boys / Girls	(Circle One)
Club Name:	Club Number:		
Coach Name (printed):			
As the AAU Club contact I verify all coaches, policies for the management of concussions an adding a new section to chapter 28A.600 RCW	d head injuries and sudden		
Signed:			
AAU Club ContactPosition with AAU Club Date sign	gned		

2015-2016 AAU Tournament Hotels - Yakima Area

Yakima AAU Host Motel

Best Western Ahtanum Inn www.bestwestern.com/ahtanuminn

2408 Rudkin Rd. Union Gap, WA 98903 509-248-9700 / 1-800-348-9701 Complimentary Breakfast Outdoor Swimming Pool

Additional Motels:

Best Western Lincoln Inn 1614 N. 1st Street Yakima, WA 98901 1-800-834-1649 Comp. Breakfast Indoor Pool

www.bestwestern.com

Oxford Suites 1701 E. Yakima Ave. Yakima, WA 98901 509-457-9000 / 1-800-404-7848 Comp. Breakfast Indoor Pool www.oxfordsuitesyakima.com

Days Inn 1504 N. 1st Street Yakima, WA 98901 509-248-3393 / 1-800-DAYS INN Comp. Breakfast Outdoor Pool www.daysinn.com

Hilton Garden Inn 401 E. Yakima Ave. Yakima, WA 98901 509-454-1111 / 1-877-STAY HGI Indoor Pool Free Hi Speed Internet www.hiltongardeninn.com

Quality Inn 12 E. Valley Mall Blvd. Yakima, WA 98903 509-248-6924 / 1-800-510-5670 Comp. Breakfast Free Wireless Internet www.qualityinn.com

Sun Country Inn Yakima) 1700 N. 1st Street Yakima, WA 98901 509-248-5650 / 1-800-559-3675 Comp. Breakfast Outdoor Pool Clarion Hotel & Conference Center 1507 N. 1st Street Yakima, WA 98901 509-248-7850 / 1-800-896-7966 Outdoor Pool Free Hi Speed Internet www.choicehotels.com

Oxford Inn 1603 E. Yakima Ave. Yakima, WA 98901 509-457-4444 / 1-800-521-3050 Comp. Breakfast Outdoor Pool www.oxfordinnyakima.com

Holiday Inn Downtown 802 E. Yakima Ave. Yakima, WA 98901 509-494-7000 / 1-888-465-4329 Indoor Pool www.holidayinn.com

Holiday Inn Express 1001 East A Street Yakima, WA 98901 509-249-1000 / 1-888-465-4329 Comp. Breakfast Indoor Pool www.hiexpress.com

Ledgestone Hotel 107 N. Fair Avenue Yakima, WA 98901 509-453-3151 www.ledgestonehotel.com

Super 8 Motel

2605 Rudkin Rd. Union Gap, WA 98903 509-248-8880 / 1-800-800-8000 Indoor Pool Comp. Breakfast www.super8.com Comfort Suites 3702 Fruitvale Blvd. Yakima, WA 98902 509-249-1900 / 1-866-423-8960 Comp. Breakfast Indoor Pool www.choicehotels.com

Cedars Suites 1010 East A Street Yakima, WA 98901 509-452-8101 / 1-800-849-1424 Comp. Breakfast www.cedarssuites.com

Fairfield Inn & Suites 137 North Fair Ave. Yakima, WA 98901 509-452-3100 / 1-800-228-2800 Comp. Breakfast Indoor Pool www.marriott.com

Howard Johnson Plaza 9 N. 9th Avenue Yakima, WA 98901 509-452-6511 / 1-800-446-4656 Outdoor Pool Free Wireless Internet www.hojo.com

Red Lion Yakima Center 607 E. Yakima Ave. Yakima, WA 98901 509-248-5900 / 1-800-RED LION Outdoor Pool Free Wireless Internet www.redlion.com

SELAH (appr. 5 min north of

North Park Lodge 659 N. Wenas Selah, WA 98942 509-698-6000 Indoor Pool Free Wireless Internet www.northparklodge.com

2015-2016 AAU Tournament Hotels - Surrounding Areas

ZILLAH (appr. 20 min south of Yakima) Vintage Valley Inn 911 Vintage Valley Parkway Zillah, WA 98953 509-829-3399 / 1-800-501-5433 Indoor Pool Comp. Breakfast www.vintagevalleyinn.com

TOPPENISH (appr. 20 min south of Yakima)

Quality Inn & Suites
511 S. Elm Street
Toppenish, WA 98948
509-865-5800
Free High Speed Internet
Comp. Breakfast
www.choicehotels.com

SUNNYSIDE (appr. 30 min south of Yakima)

Best Western Grapevine Inn 1849 Quail Lane Sunnyside, WA 98944 509-839-6070 / 1-800-915-6070 Indoor Pool Comp. Breakfast www.bestwestern.com

Country Inn & Suites 408 Yakima Valley Highway Sunnyside, WA 98944 509-837-7878 / 1-877-896-7878

ELLENSBURG (appr. 35 min north of Yakima)
Best Western Lincoln Inn & Suites
211 W. Umptanum Rd.
Ellensburg, WA 98926
509-925-4244 / 1-866-925-4288
www.bestwesternellensburg.com
Indoor Pool
Comp. Breakfast

Comfort Inn 1722 Canyon Rd. Ellensburg, WA 98926 509-925-7037 / 1-877-424-6423 Comp. Breakfast Indoor Pool www.comfortinn.com

Super 8 Hotel 1500 Canyon Rd. Ellensburg, WA 98926 509-962-6888 / 1-800-800-8000 www.super8.com Days Inn & Suites 515 S. Elm Street Toppenish, WA 98948 509-865-7444 Indoor Pool Comp. Breakfast www.daysinn.com

Rodeway Inn 3209 Picard Place Sunnyside, WA 98944 509-837-5781 / 1-877-424-6423 Indoor Pool Comp. Breakfast www.rodewayinn.com

PROSSER (appr. 45 min south of Yakima)
Best Western – The Inn at Horse Heaven
259 Merlot Drive
Prosser, WA 99350
509-786-7977 / 1-800-688-2192
Indoor Pool
Comp. Breakfast
www.bestwestern.com/theinnathorseheaven

Inn at Goose Creek 1720 Canyon Road Ellensburg, WA 98926 509-962-8030 / 1-800-533-0822 www.innatgoosecreek.com Comp. Breakfast

Quality Inn - Ellensburg Inn 1700 Canyon Rd. Ellensburg, WA 98926 509-925-9801 / 1-800-321-8791 www.ellensburginn.com

Holiday Inn Express 1620 Canyon Rd. Ellensburg, WA 98926 509-962-9400 / 1-888-465-4329 www.hiexpress.com