

Swimming Coach/Contact Person:

Enclosed is the entry form for the **22nd Annual AAU Pacific Northwest Championships** to be held in Toppenish, Washington July 9-10, 2011. In the 21st Annual Meet, 478 swimmers from 14 clubs took part in what is one of the better swim meets for summer swimmers in the state. The amount of swimmers should go above the 500 mark this year with most swimmers returning and your team will put us over that mark.

T-Shirts will be sold at the site. Please contact Wendy on getting team manager information to her.

AAU swimming has over 1,882 swimmers in Eastern Washington. The AAU program was set up for the small town swim teams. At the present time, teams from Pasco, Prosser, Grandview, Sunnyside, Toppenish, Wapato, Naches, Selah, Omak, Okanogan, Brewster, Bridgeport, Chelan, Ephrata, Wenatchee, Othello, Connell, and Twisp, just to name a few, take part in AAU Swimming. The parents from these communities make the program work. Remember the AAU is "Sports for all, forever."
If you have any questions, contact Wendy at or 1 509 **865 4080**

Motel Information:

The AAU has been able to secure rooms at the following motels. All have pools and rates are very reasonable. Reservations must be made as soon as possible to make sure you have a place to stay. Camping out at the Toppenish Park is still an option again this year. A good place for RV's is a new campground with pool at the Yakima Indian Nation Cultural Center. You can even stay in one of the thirteen tee-pees.

Motels:

Toppenish Inn 865-5800

Zillah Comfort Inn 829-3399

Ahtanum Inn 1 800 348 9701 (Next to Movies, Yakima Valley Mall) ext 349 "AAU Rates with Dale"

Toppenish Rotary Swim Team
Wendy Huylar
1011 Jefferson Avenue
Toppenish, Washington 98948

whuylar@gmail.com

509 865 4080



22nd Annual AAU/Toppenish Rotary Club

AAU Pacific Northwest Swim Championships

Long Course- 50 meter

- Dates: July 9-10, 2011
- Site: Toppenish City Pool (50 meter)
Dolphin Timing System
- Age Divisions: Individual Events: 8-U, 9, 10, 11, 12, 13, 14, 15-18
Relays: 8-U, 9-10-, 11-12-, 13-14-, 15-18
- Sanctioned By: Inland Empire District of the AAU
- Eligibility: Open to ALL swimmers, year round swimmers **NOT ALLOWED**.
Purpose of the meet is to provide a Pacific Northwest Championship for those that swim during the summer only. All swimmers must purchase an AAU card to participate or have a current 2011 AAU membership card.
- If you need an AAU membership card, go to www.ausports.org Join Now and you can get your AAU Card in minutes by using your Visa/Master Card. All entries will be checked for AAU Card numbers.
- Age Determining Date: Age on the first day of competition July 9, 2011 shall govern the full meet. Birth record will be required at site if requested.

Coaches:

Relay participants must swim in their age divisions.

Time standards have been set for all individual events. Please note these times. This has been done in an effort to move this meet along quicker. Swimmers who do not meet posted time standards will not be given place or final awards.

Each team with 20 or more swimmers in this meet must supply timers for one lane on both Saturday and Sunday. Lanes will be assigned at a later date. Your team may schedule these timers any way you wish, but three timers must be present at all times.

Hosted By: Toppenish Tarpon Swim Team
Toppenish Rotary Club
Inland Empire AAU
City of Toppenish Park & Recreation

Entry Deadline: Friday, July 1, 2011. No late entries. Entries must be received by this date. Payment must be sent with entries. **No phone calls or notification of intent-to-enter will be accepted.**

Entry Address: Toppenish Rotary Swim Team
Wendy Huylar
1011 Jefferson Ave 509 865 4080
Toppenish, Washington 98948 whuylar@gmail.com

Entry Fees: Make Checks Payable To: Toppenish Rotary Swim Team
Surcharge: \$5.00 per swimmer
Individual Events: \$3.00
Relays: \$6.00

Awards: Individual neck ribbon medals to the first eight (8) places.
Ribbons will be provided for each heat

Registration
Headquarters: Toppenish Swim Pool
2011
Competition Rules: The AAU Swimming Program will be conducted under current US Swimming rules of competition for swimming, with a few exceptions. **Because of Rule Changes of US Swimming "Water Starts for all Relays"**

Opening Ceremonies: Saturday, July 9, 2011. Bring your swim banners or town flags.

Housing for Athletes: Motels in Yakima have been advised of this meet. RV and camping areas will be provided in Toppenish, camping is provided at the pool site. Toppenish Motel and just three miles away, the Zillah Comfort Inn.

Conduct of Athletes: All athletes are expected to display their best behavior. Misconduct at the competition will not be tolerated. It will result in disqualification from the competition. Remember, you are a guest of the City of Toppenish and a representative of the world's finest sports program. Please act accordingly.

Meet Format:

- 1). All individual events and relays will be swum as timed finals.
- 2). All events will be seeded by time as submitted.
- 3). There may be a 20 minute break to switch touch pads between the end of the 50 meter races and the longer races on Saturday and Sunday.
- 4). Swimmers will be allowed to participate in three (3) individual events per day, plus one relay per day.
- 5). High point will be given to each girl and boy in each age group.
- 6). This Pacific Northwest Championship meet is restricted to the first 550 entries submitted to the meet director.

Meet Schedule

Girls – Odd Numbered Events Boys – Even Numbered Events **ALL FINALS**

Saturday, July 9, 2011

Warm-up: 7:00 a.m. – 8:45 a.m.

Start: 9:00 a.m.

Revised 6/22/2011

| Event | Time Standard | Distance | Style | Age Division |
|--------------|--------------------------|-----------------|-------------------|---------------------|
| 1 & 2 | | 50 m | Breaststroke | 8-Under |
| 3 & 4 | | 50 m | Breaststroke | 9 |
| 5 & 6 | | 50 m | Breaststroke | 10 |
| 7 & 8 | | 50 m | Breaststroke | 11 |
| 9 & 10 | | 50 m | Breaststroke | 12 |
| 11 & 12 | | 50 m | Breaststroke | 13 |
| 13 & 14 | | 50 m | Breaststroke | 14 |
| 15 & 16 | | 50 m | Breaststroke | 15-18 |
| 17 & 18 | | 50 m | Freestyle | 8-Under |
| 19 & 20 | | 50 m | Freestyle | 9 |
| 21 & 22 | | 50 m | Freestyle | 10 |
| 23 & 24 | | 50 m | Freestyle | 11 |
| 25 & 26 | | 50 m | Freestyle | 12 |
| 27 & 28 | | 50 m | Freestyle | 13 |
| 29 & 30 | | 50 m | Freestyle | 14 |
| 31 & 32 | | 50 m | Freestyle | 15-18 |
| 33 & 34 | | 100 m | Butterfly | 10-Under |
| 35 & 36 | | 100 m | Butterfly | 11 |
| 37 & 38 | | 100 m | Butterfly | 12 |
| 39 & 40 | | 100 m | Butterfly | 13 |
| 41 & 42 | | 100 m | Butterfly | 14 |
| 43 & 44 | | 100 m | Butterfly | 15-18 |
| 45 & 46 | | 100 m | Backstroke | 10-Under |
| 47 & 48 | | 100 m | Backstroke | 11 |
| 49 & 50 | | 100 m | Backstroke | 12- |
| 51 & 52 | | 100 m | Backstroke | 13 |
| 53 & 54 | | 100 m | Backstroke | 14 |
| 55 & 56 | | 100 m | Backstroke | 15-18 |
| 57 & 58 | | 200 m | Freestyle Relay | 8-Under |
| 59 & 60 | | 200 m | Freestyle Relay | 9-10 |
| 61 & 62 | | 200 m | Freestyle Relay | 11-12 |
| 63 & 64 | | 200 m | Freestyle Relay | 13-14 |
| 65 & 66 | | 200 m | Freestyle Relay | 15-18 |
| 67 & 68 | 4:55 | 200 m | Individual Medley | 10-Under |
| 69 & 70 | 4:45 | 200 m | Individual Medley | 11-12 |
| 71 & 72 | 4:25 | 200 m | Individual Medley | 13-14 |
| 73 & 74 | 3:55 | 200 m | Individual Medley | 15-18 |

Sunday, July 10, 2011 Warm-up: 7:00 a.m. – 8:45 a.m. Start: 9:00 a.m.

ALL FINALS

Revised 6/22/2011

| Event | Time Standard | Distance | Style | Age Division |
|-----------|---------------|----------|--------------|--------------|
| 75 & 76 | | 50 m | Backstroke | 8-Under |
| 77 & 78 | | 50 m | Backstroke | 9 |
| 79 & 80 | | 50 m | Backstroke | 10 |
| 81 & 82 | | 50 m | Backstroke | 11 |
| 83 & 84 | | 50 m | Backstroke | 12 |
| 85 & 86 | | 50 m | Backstroke | 13 |
| 87 & 88 | | 50 m | Backstroke | 14 |
| 89 & 90 | | 50 m | Backstroke | 15-18 |
| 91 & 92 | | 50 m | Butterfly | 8-Under |
| 93 & 94 | | 50 m | Butterfly | 9 |
| 95 & 96 | | 50 m | Butterfly | 10 |
| 97 & 98 | | 50 m | Butterfly | 11 |
| 99 & 100 | | 50 m | Butterfly | 12 |
| 101 & 102 | | 50 m | Butterfly | 13 |
| 103 & 104 | | 50 m | Butterfly | 14 |
| 105 & 106 | | 50 m | Butterfly | 15-18 |
| 107 & 108 | | 100 m | Breaststroke | 8-Under |
| 109 & 110 | | 100 m | Breaststroke | 9 |
| 111 & 112 | | 100 m | Breaststroke | 10 |
| 113 & 114 | | 100 m | Breaststroke | 11 |
| 115 & 116 | | 100 m | Breaststroke | 12 |
| 117 & 118 | | 100 m | Breaststroke | 13 |
| 119 & 120 | | 100 m | Breaststroke | 14 |
| 121 & 122 | | 100 m | Breaststroke | 15-18 |
| 123 & 124 | | 100 m | Freestyle | 10-Under |
| 125 & 126 | | 100 m | Freestyle | 11 |
| 127 & 128 | | 100 m | Freestyle | 12 |
| 129 & 130 | | 100 m | Freestyle | 13 |
| 131 & 132 | | 100 m | Freestyle | 14 |
| 133 & 134 | | 100 m | Freestyle | 15-18 |
| 135&136 | | 200 m | Medley Relay | 8-Under |
| 137 & 138 | | 200 m | Medley Relay | 9-10 |
| 139 & 140 | | 200 m | Medley Relay | 11-12 |
| 141 & 142 | | 200 m | Medley Relay | 13-14 |
| 143 & 144 | | 200 m | Medley Relay | 15-18 |

**2011 22nd Annual AAU/Toppenish Rotary Club
Pacific Northwest Swimming Championships**

Team Name _____ City _____

Coach _____ Phone # _____

Coach AAU Number: _____

Mailing Address _____ City, State, Zip _____

Asst. Coach(es) _____ Phone # _____

**Coach and Assistant Coaches MUST be listed. These are the only authorized persons allowed on deck.

AAU Cards must be purchased in advance. Go to www.aausports.org Join Now, to get individual cards.
Use a credit card to purchase cards, All membership cards must be purchased in advance.



Number of Events _____ x \$3.00 _____

Number of Swimmers _____ x \$5.00 _____

Number of Relays _____ x \$6.00 _____

Total Sent _____

Mail this form with other entry information to:
Toppenish Rotary Swim Team
C/O Wendy Huylar
1011 Jefferson Avenue
Toppenish, Washington 98948